



CROW CAFE



BREKKIES

Avo Toast	48
2 slices of sourdough toast with avo	
Avo Special	80
2 slices of sourdough with avo, 2 eggs and bacon	
Mince Brekkie	75
Savoury mince on toast, 2 slices of white/brown of your choice, sourdough toast served with 2 eggs	
French Toast	52
Rich and delicious sourdough French toast, served with 2 rashers of crispy bacon with maple syrup on the side	
Healthy Breakfast	65
Tantalising yoghurt served on a bed of muesli and seasonal fresh fruit	
The Junior	65
2 eggs done the way you like it with 2 rashers of crispy bacon, a grilled tomato and toast	
Bacon & Egg Roll	60
Served with a side portion of chips	
Scrambled Egg on Toast	38
Served with one slice of toast	
Pancakes	35
Butter Cheese Cinnamon & Sugar Lemon juice	
The Crow	85
<i>This is the TRUE Breakfast of Champions!</i>	
2 eggs done the way you like it with 2 rashers of crispy bacon, mushrooms, grilled tomato, pork sausage and toast	
Eggs Benedict	85
2 poached eggs, with 2 rashers of bacon	
Served on an English muffin topped with homemade Hollandaise sauce	
Omelette 3 Eggs	32
Choices of fillings: Cheese 14 Feta 14 Mushroom 14 Bacon 20 Tomato 10 Onion 10 Avo 20	
Oats	38
Breakfast Wrap	70
Scrambled egg, bacon, avo, tomato and chips	
Plain Toast	25
2 slices of white, brown, sourdough served with jam, honey or butter or peanut butter	

LUNCH

Chicken Wrap	75
Chicken wrap with tomato, lettuce, cheddar cheese and avo served with a choice of chips or side salad	
Chicken Avo Salad	80
Fresh, crispy lettuce with tomato, feta, sliced avo with a choice of chicken or bacon.	
Plate of Chips	50

BURGERS

The Ironman Burger	75
A juicy 200g grilled chicken or beef patty	
The Taplin Burger	90
A juicy 200g grilled chicken or beef patty with cheddar cheese, lettuce, tomato and grilled onion	
Bacon & Avo Burger	100
A juicy 200g grilled chicken or beef patty with bacon, sliced avo, cheese, lettuce and tomato	
<i>All burgers are served with a choice of chips or a green salad.</i>	

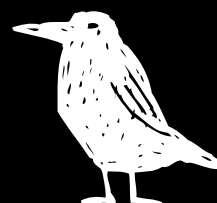
TOASTIES

Cheese	42
Bacon	42
Cheese & Tomato	50
Cheese & Bacon	55
Cheese/ Bacon & Mushroom	62
Chicken Mayo	62
Bacon/ Egg & Cheese	65
Bacon & Egg	60

All toasties are served with a side of chips. You have the option of white/brown or sourdough bread for your toastie.

CROW TREATS

Brownies	18
Muffins	20





CROW CAFE

HOT DRINKS

Single Cappuccino	37
A single shot of espresso and hot creamy steamed milk	
Double Cappuccino	43
A double shot of espresso and hot creamy, steamed milk	
Red Cappuccino	43
Cafe Latte	40
A single shot of espresso and hot creamy, steamed milk, topped with soft froth	
Cortado	40
Double espresso with a dash of hot, creamy, steamed milk, topped with soft froth	
Flat White	43
A double shot of espresso with hot creamy, steamed milk and a dash of soft froth	
Chai Latte	47
Spiced tea with hot, creamy, steamed milk, topped with soft froth	
Single Americano	32
Served with hot or cold milk	
Double Americano	37
Served with hot or cold milk	
Filter Coffee	27
Served with hot or cold milk	
Single Espresso	22
Single shot of espresso	
Double Espresso	32
Double shot of espresso	
Chocochino/Mochachino	50
Hot Chocolate	43
Ice Coffee	47
Ice Chocolate	47
Ice Mochachino	53
Five Roses Tea	22
A pot of the best English tea	
Rooibos Tea	22
Homegrown rooibos tea originating from our beautiful country, South Africa.	
Namara Coffee Beans 1kg	380

SOFT DRINKS

Coke Light / Coke Zero / Fanta / Cream Soda / Sprite / Sprite Zero	20
Red Bull	30
Ice Tea/ Liqui Fruit	24
Appletizer/Grapetizer	24
Bottled Still Water	17
Sparkling Water	18
Energade	22
Venga	35
Lemonade	27
Super M	20

FRESH JUICES

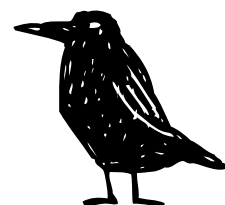
On a juice cleanse? Try our delicious, healthy juices and recipes made from fresh fruits and vegetables.

	300ml	500ml
Rainbow Juice	37	47
Beetroot, Ginger, Carrot & Apple		
Apple, Carrot & Ginger	37	47
Freshly Squeezed Apple Juice	32	37
Apple & Ginger	37	42

SMOOTHIES

Mixed Berries	60
Strawberries, Blueberries, Raspberries	
Peanut Butter & Banana	60
Healthy Breakfast	65
Yoghurt, Muesli and seasonal fresh fruit	

Robert Hamilton Tait, at the age of 17, did his last duty on 8th June 1969 and thus, served the club going on 11 years. He was awarded life membership in 1966. Affectionately known as "CROW", Robbie was everything a good member should be. He was the founder of the Club Sunday evening social sessions and from this the "Crow Bar" became a way of life in the Club. His death was a truly great loss to all, and hence we have named our awesome cafe in memory of him.



CROW BAR HISTORY

NORTH BEACH, SOUTH AFRICA