



# CROW CAFE



## BREKKIES

<b>Avo Toast</b>	<b>38</b>
2 slices of sourdough toast with avo	
<b>Avo Special</b>	<b>65</b>
2 slices of sourdough with avo, 2 eggs and bacon	
<b>Mince Brekkie</b>	<b>60</b>
Savoury mince on toast, 2 slices of white/brown of your choice, sourdough toast served with 2 eggs	
<b>French Toast</b>	<b>42</b>
Rich and delicious sourdough French toast, served with 2 rashers of crispy bacon with maple syrup on the side	
<b>Healthy Breakfast</b>	<b>50</b>
Tantalising yoghurt served on a bed of muesli and seasonal fresh fruit	
<b>The Junior</b>	<b>50</b>
2 eggs done the way you like it with 2 rashers of crispy bacon, a grilled tomato and toast	
<b>Bacon &amp; Egg Roll</b>	<b>45</b>
Served with a side portion of chips	
<b>Scrambled Egg on Toast</b>	<b>30</b>
Served with one slice of toast	
<b>Pancakes</b>	<b>25</b>
Butter 6   Cheese 12   Cinnamon & Sugar 10   Lemon juice 6	
<b>The Crow</b>	<b>70</b>
<i>This is the TRUE Breakfast of Champions!</i>	
2 eggs done the way you like it with 2 rashers of crispy bacon, mushrooms, grilled tomato, pork sausage and toast	
<b>Eggs Benedict</b>	<b>65</b>
2 poached eggs, with 2 rashers of bacon	
Served on an English muffin topped with homemade Hollandaise sauce	
<b>Omelette 3 Eggs</b>	<b>25</b>
Choices of fillings: Cheese 14   Feta 14   Mushroom 14   Bacon 18   Tomato 10   Onion 10   Avo 16	
<b>Oats</b>	<b>30</b>
<b>Breakfast Wrap</b>	<b>55</b>
Scrambled egg, bacon, avo, tomato and chips	
<b>Plain Toast</b>	<b>25</b>
2 slices of white, brown, sourdough served with jam, honey or butter or peanut butter	

## LUNCH

<b>Chicken Wrap</b>	<b>60</b>
Chicken wrap with tomato, lettuce, cheddar cheese and avo served with a choice of chips or side salad	
<b>Chicken Avo Salad</b>	<b>65</b>
Fresh, crispy lettuce with tomato, feta, sliced avo with a choice of chicken or bacon.	
<b>Plate of Chips</b>	<b>35</b>

## BURGERS

<b>The Ironman Burger</b>	<b>60</b>
A juicy 200g grilled chicken or beef patty	
<b>The Taplin Burger</b>	<b>75</b>
A juicy 200g grilled chicken or beef patty with cheddar cheese, lettuce, tomato and grilled onion	
<b>Bacon &amp; Avo Burger</b>	<b>80</b>
A juicy 200g grilled chicken or beef patty with bacon, sliced avo, cheese, lettuce and tomato	

*All burgers are served with a choice of chips or a green salad.*

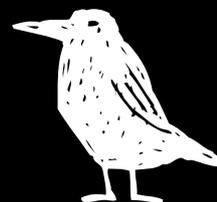
## TOASTIES

<b>Cheese</b>	<b>35</b>
<b>Cheese &amp; Tomato</b>	<b>42</b>
<b>Cheese &amp; Bacon</b>	<b>44</b>
<b>Cheese/ Bacon &amp; Mushroom</b>	<b>54</b>
<b>Chicken Mayo</b>	<b>52</b>
<b>Bacon/ Egg &amp; Cheese</b>	<b>55</b>
<b>Bacon &amp; Egg</b>	<b>45</b>

All toasties are served with a side of chips. You have the option of white/brown or sourdough bread for your toastie.

## CROW TREATS

<b>Brownies</b>	<b>18</b>
<b>Muffins</b>	<b>18</b>





# CROW CAFE

## HOT DRINKS

<b>Single Cappuccino</b>	<b>32</b>
A single shot of espresso and hot creamy steamed milk	
<b>Double Cappuccino</b>	<b>38</b>
A double shot of espresso and hot creamy, steamed milk	
<b>Red Cappuccino</b>	<b>38</b>
<b>Cafe Latte</b>	<b>36</b>
A single shot of espresso and hot creamy, steamed milk, topped with soft froth	
<b>Cortado</b>	<b>32</b>
Double espresso with a dash of hot, creamy, steamed milk, topped with soft froth	
<b>Flat White</b>	<b>38</b>
A double shot of espresso with hot creamy, steamed milk and a dash of soft froth	
<b>Chai Latte</b>	<b>36</b>
Spiced tea with hot, creamy, steamed milk, topped with soft froth	
<b>Single Americano</b>	<b>26</b>
Served with hot or cold milk	
<b>Double Americano</b>	<b>30</b>
Served with hot or cold milk	
<b>Filter Coffee</b>	<b>22</b>
Served with hot or cold milk	
<b>Single Espresso</b>	<b>18</b>
Single shot of espresso	
<b>Double Espresso</b>	<b>24</b>
Double shot of espresso	
<b>Chocochino/Mochachino</b>	<b>38</b>
<b>Hot Chocolate</b>	<b>36</b>
<b>Ice Coffee</b>	<b>38</b>
<b>Ice Chocolate</b>	<b>38</b>
<b>Five Roses Tea</b>	<b>22</b>
A pot of the best English tea	
<b>Rooibos Tea</b>	<b>22</b>
Homegrown rooibos tea originating from our beautiful country, South Africa.	
<b>Namara Coffee Beans 1kg</b>	<b>380</b>

## SOFT DRINKS

<b>Coke Light / Coke Zero / Fanta / Cream Soda / Sprite / Sprite Zero / Spaberry</b>	<b>17</b>
<b>Ginger Ale / Dry Lemon / Lemonade / Tonic Water (200ml)</b>	<b>16</b>
<b>Red Bull</b>	<b>27</b>
<b>Ice Tea (Lemon / Peach)</b>	<b>18</b>
<b>Appletizer/Graptizer</b>	<b>22</b>
<b>Bottled Still Water</b>	<b>14</b>
<b>Sparkling Water</b>	<b>15</b>
<b>Energade</b>	<b>20</b>
<b>Venga</b>	<b>32</b>
<b>Lemonlicious</b>	<b>22</b>
<b>Super M</b>	<b>18</b>

## FRESH JUICES

On a juice cleanse? Try our delicious, healthy juices and recipes made from fresh fruits and vegetables.

	300ml	500ml
<b>Rainbow Juice</b>	<b>32</b>	<b>42</b>
Beetroot, Ginger, Carrot & Apple		
<b>Apple, Carrot &amp; Ginger</b>	<b>30</b>	<b>40</b>
<b>Freshly Squeezed Apple Juice</b>	<b>26</b>	<b>32</b>

## SMOOTHIES

<b>Mixed Berries</b>	<b>45</b>
Strawberries, Blueberries, Raspberries	
<b>Peanut Butter &amp; Banana</b>	<b>45</b>
<b>Healthy Breakfast</b>	<b>45</b>
Yoghurt, Muesli and seasonal fresh fruit	

Robert Hamilton Tait, at the age of 17, did his last duty on 8th June 1969 and thus, served the club going on 11 years. He was awarded life membership in 1966. Affectionately known as "CROW", Robbie was everthing a good member should be. He was the founder of the Club Sunday evening social sessions and from this the "Crow Bar" became a way of life in the Club. His death was a truly great loss to all, and hence we have named our awesome cafe in memory of him.



## CROW BAR HISTORY