


**FOOD
MENU**

CROW CAFE



BREKKIES

Avo Toast	30
2 slices of sourdough toast with avo	
Avo Special	55
2 slices of sourdough with avo, 2 eggs and bacon	
Mince Brekkie	50
Savoury mince on toast, 2 slices of white/brown of your choice, sourdough toast served with 2 eggs	
French Toast	35
Rich and delicious sourdough French toast, served with 2 rashers of crispy bacon with maple syrup on the side	
Healthy Breakfast	45
Tantalising yoghurt served on a bed of muesli and seasonal fresh fruit	
The Junior	40
2 eggs done the way you like it with 2 rashers of crispy bacon, a grilled tomato and toast	
Bacon & Egg Roll	40
Served with a side portion of chips	
Scrambled Egg on Toast	30
Served with one slice of toast Add 2 rashers of bacon	
The Crow	60
<i>This is the TRUE Breakfast of Champions!</i> 2 eggs done the way you like it with 2 rashers of crispy bacon, mushrooms, grilled tomato, pork sausage and toast	
Eggs Benedict	55
2 poached eggs, with 2 rashers of bacon Served on an English muffin topped with homemade Hollandaise sauce	
Omelette 3 Eggs	25
<i>Choices of fillings:</i> Cheese 12 Feta 12 Mushroom 10 Bacon 12 Tomato 8 Onion 8	
Oats	30
Breakfast Wrap	50
Scrambled egg, bacon, avo, tomato and chips	
Plain Toast	25
2 slices of white, brown, sourdough served with jam, honey or butter or peanut butter	

LUNCH

Chicken Wrap	50
Chicken wrap with tomato, lettuce, cheddar cheese and avo served with a choice of chips or side salad	
Chicken Avo Salad	55
Fresh, crispy lettuce with tomato, feta, sliced avo with a choice of chicken or tuna.	
Plate of Chips	30

BURGERS

The Ironman Burger	50
A juicy 200g grilled chicken or beef patty	
The Taplin Burger	65
A juicy 200g grilled chicken or beef patty with cheddar cheese, lettuce, tomato and grilled onion	
Bacon & Avo Burger	70
A juicy 200g grilled chicken or beef patty with bacon, sliced avo, cheese, lettuce and tomato	
<i>All burgers are served with a choice of chips or a green salad.</i>	

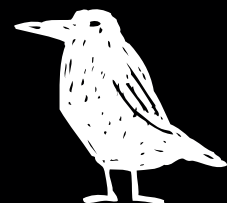
TOASTIES

Cheese	30
Cheese & Tomato	35
Cheese & Bacon	38
Cheese/ Bacon & Mushroom	45
Chicken Mayo	45
Bacon/ Egg & Cheese	45
Bacon & Egg	38
<i>All toasties are served with a side of chips. You have the option of white/brown or sourdough bread for your toastie.</i>	

CROW TREATS

Brownies	15
Muffins	15

NORTH BEACH, SOUTH AFRICA



**DRINKS
MENU**

CROW CAFE

HOT DRINKS

Single Cappuccino	24
A single shot of espresso and hot creamy steamed milk	
Double Cappuccino	30
A double shot of espresso and hot creamy, steamed milk	
Red Cappuccino	28
Cafe Latte	30
A single shot of espresso and hot creamy, steamed milk, topped with soft froth, served by the glass	
Single Cortado	22
Single espresso with a dash of hot, creamy, steamed milk, topped with soft froth	
Cortado	26
Double espresso with a dash of hot, creamy, steamed milk, topped with soft froth	
Single Americano	17
Served with hot or cold milk	
Double Americano	20
Served with hot or cold milk	
Filter Coffee	16
Served with hot or cold milk	
Single Espresso	14
Single shot of espresso	
Double Espresso	17
Double shot of espresso	
Chocochino	30
Hot Chocolate	27
Ice Coffee	32
Five Roses Tea	20
A pot of the best English tea	
Rooibos Tea	20
Homegrown rooibos tea originating from our beautiful country, South Africa.	
Namara Coffee Beans 1kg	300

SOFT DRINKS

Coke Light / Coke Zero / Fanta / Cream Soda / Sprite / Sprite Zero / Spaberry	15
Ginger Ale / Dry Lemon / Lemonade / Tonic Water (200ml)	15
Red Bull	27
Ice Tea (Lemon / Peach)	16
Appletizer/Grapetizer	21
Bottled Still Water	12
Sparkling Water	15
Energade	20
Venga	20
Lemonicious	20
Super M	16

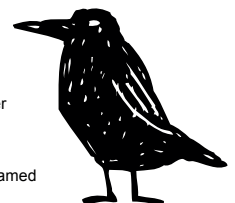
FRESH JUICES

On a juice cleanse? Try our delicious, healthy juices and recipes made from fresh fruits and vegetables.

	300ml	500ml
Rainbow Juice	28	38
Beetroot, Ginger, Carrot & Apple		
Apple, Carrot & Ginger	25	35
Freshly Squeezed Apple Juice	20	25

CROWBAR HISTORY

Robert Hamilton Tait, at the age of 17, did his last duty on 8th June 1969 and thus, served the club going on 11 years. He was awarded life membership in 1966. Affectionately known as "CROW", Robbie was everthing a good member should be. He was the founder of the Club Sunday evening social sessions and from this the "Crow Bar" became a way of life in the Club. His death was a truly great loss to all, and hence we have named our awesome cafe in memory of him.



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