

# DURBAN SURF

## NIPPER SEASON

### 2017/2018



## INFORMATIONAL BOOKLET

### Table of contents:

- 1) Age groups
- 2) Applications Forms/ Indemnities/ Birth Certificates
- 3) Rules & Regulations
- 4) Payments options
- 5) Training information
- 6) Exams/Lifesaving Awards
- 7) Competition Calendar
- 8) Events
- 9) Kit

On behalf of Durban Surf Lifesaving Club we welcome you to our 2017/2018 season. We are looking forward to yet another exciting jam packed year ahead.

Lifesaving Nationals under the banner of General Tire is going to be a combined Surf and Pool event from 2018. This is extremely exciting for our nippers as they will get to compete in Surf and Pool lifesaving events in the same competition.

While we are very aware that a lot of our nippers either have never participated in, or are not proficient at Pool events we will set up a Pool training program to assist them. We are very enthusiastic about this new direction that Lifesaving is taking and hope that you will encourage your children to get involved and learn these new events.

-Steve Kitto (Nipper Chairman)

## 1. Age Groups

Age groups in lifesaving are categorised per season which starts on 1<sup>st</sup> September. Having said that the age of your nipper as of 30/09/2017 is the age group he/she will compete in.

Durban Surf has the following age groups:

- 1) Nipplets Age 5-8 years (no competitions)

### Nipper's category

- Under 9: born between 1 October 2008 & 30 September 2009
- Under 10: born between 1 October 2007 & 30 September 2008
- Under 11: born between 1 October 2006 & 30 September 2007
- Under 12: born between 1 October 2005 & 30 September 2006
- Under 13: born between 1 October 2004 & 30 September 2005
- Under 14: born between 1 October 2003 & 30 September 2004



## 2. Application Forms/ Indemnity Forms/ Birth Certificates

Please ensure you have filled out the Durban Surf NIPPER Application form, Lifesaving South Africa Indemnity form as well as given a copy of your child's birth certificate with the application form to the office

## 3. Rules & Regulations

- a. Please note: Durban Surf office hours are strictly as follows: Monday to Friday  
8am -2pm  
Sundays 8am -10am
- b. Under NO circumstances if you are wet, sandy or have wet feet are you permitted upstairs
- c. Please rinse yourself downstairs before entering the change rooms
- d. Please do not leave your children unattended
- e. All craft and equipment is to be packed away neatly after training
- f. No parent/child is permitted behind the bar or in the kitchen at the Crow Café
- g. Please respect the furniture & fittings within Durban Surf Lifesaving Club.
- h. Durban Surf is proudly supported by Hulett's and O'Neill and members are urged to respect and behave in a manner fitting to our sponsors.

## 4. Payment options

At Durban Surf we accept 3 methods of payment:

- a. Credit Card
- b. Cash
- c. EFT

Lifesaver:	Nipplet	Nipper	Nipper (2 <sup>nd</sup> )	Nipper (3 <sup>rd</sup> + )
Fee	R 600.00	R 1000.00	R 800.00	R 500.00

### Banking details:

First National Bank  
Durban Surf Lifesaving Club  
Acc no: 508 4203 0913  
Reference: Name + Nipper

**Please note you cannot pay on account**



## 5. Training Information

Training takes place every Sunday morning from 7.45am to approximately 9.30am depending on the age groups.

Please note we do not offer a drop and go service, parents please assist where possible as there are large volumes of children in the water, and safety is our main concern.

Coaches/admin personal per age group

Age Group	Coaches	Administrators
Nipplets	<ul style="list-style-type: none"> <li>• Dave Breytenbach</li> <li>• Bruce Jackson</li> <li>• Greg Kitto</li> </ul>	<ul style="list-style-type: none"> <li>• Sharon Kitto</li> </ul>
Under 10	<ul style="list-style-type: none"> <li>• Phil Colepeper</li> <li>• Dustin Ambrose</li> <li>• Jean Oosthuizen</li> <li>• Jay Carlson</li> </ul>	<ul style="list-style-type: none"> <li>• Shannon Ambrose</li> </ul>
Under 12	<ul style="list-style-type: none"> <li>• Steven Kitto</li> <li>• Morne Truter</li> <li>• Evan Sim</li> </ul>	<ul style="list-style-type: none"> <li>• Cris Gonsalves</li> </ul>
Under 14	<ul style="list-style-type: none"> <li>• Dylan Botha</li> <li>• Jem Hook</li> <li>• Wayne Potterton</li> </ul>	<ul style="list-style-type: none"> <li>• Debbie Smith</li> </ul>

## 6. Exams/Lifesaving Awards

In lifesaving you are expected to pass an award should you wish to compete and take part in the sport of lifesaving.

- a. Level 1 (qualifying ages 8 & 9 years old)
  - a. 300m swim under 8 minutes
- b. Level 2 (qualifying ages 10 & 11 years old)
  - a. 400m swim under 10 minutes
- c. Level 3 (qualifying ages 12 & 13 years old)
  - a. 400m swim under 9 minutes

## 7. Competition Calendar

- a. 15 October 2017 – Nipper Carnival Addington Beach
- b. 5 November 2017 – Nipper Carnival Addington Beach
- c. 26 November 2017 – Nipper Carnival Addington Beach
- d. 3 December 2017 – Nipper Carnival Addington Beach
- e. 27 & 28 January 2018 – KZN Nipper Champs
- f. 2 February 2018 – Nipper Stillwater Gala (Kings Park)
- g. 2 – 6 April 2018 – SA Champs Port Elizabeth – Kings Beach

## 8. Events

Every year Durban Surf hosts events/functions to raise funds towards their athletes. We call upon parents to assist with prizes/donations or just to assist on the day. If you feel you are one of these parents, please don't be shy make yourself known to either Steven Kitto or Morne Truter.

We have put together a provisional calendar for the season

- a. 7 October 2017 – 031 SWIM
- b. 22 October 2017 – Waterpolo Fundraiser at Northwood
- c. 22 October 2017 – Nipper Exam (Pirates)
- d. 27 – 28 October – O'Neill Sample Sale
- e. 12 November 2017 - Nipper Exam (Durban Surf)
- f. 19 November 2017 – Nipper Exam (Umhlanga)
- g. 9 December 2017 – 25 Piers Swim Challenge
- h. 1 March 2018 – Durban Surf Golf Day
- i. 18 March 2018 – Waterpolo Fundraiser at Northwood



## 9. Kit

In lifesaving there are certain requirements when it comes to clothing. All items can be purchased at the office.

- a. A skull cap is to be worn at both training and competition
- b. Compulsory pink rash vest & Durban Surf costumes are to be worn at competitions only.
- c. Red rashvests (short sleeve or long sleeve) are to be used for training purposes.

### Durban Surf Kit Price List

Skull Caps	R 80
Pink Rash vests	R 120
Red Rash vest (Short)	R 150
Red Rash vest (long)	R 180
Male Briefs (speedo)	R 170
Male Jammers	R 200
Female Fastback	R 350
Female Knee Skin	R 410
Female Bikini's	R 295
Peek Caps	R 100
Back packs	R 365

Other items are available in the office, please enquire.



@durbansurflifesaving



[www.dslc.co.za](http://www.dslc.co.za)



Durban Surf

